

# Contact Us

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**RBH** RICHMOND  
BEHAVIORAL  
HEALTH



RBHA's Therapeutic Day Treatment (TDT) Program serves youth in Richmond Public Schools identified as having significant behavioral and/or emotional problems that are impacting their success in the school environment.



Therapeutic Day Treatment (TDT) services are Medicaid reimbursable services - there is no cost to the family.

[www.rbha.org](http://www.rbha.org)

**Success  
starts with support.**



# Therapeutic Day Treatment

School-based Treatment Program

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**RBHA** RICHMOND  
BEHAVIORAL HEALTH  
AUTHORITY

# TDT Goals

RBHA's TDT program is designed to:

- ▶ Reduce suspensions
- ▶ Improve school attendance
- ▶ Improve behavior
- ▶ Support your child's success in school, at home, and in the community



# TDT Services

## Continual Support

Monitor, observe, redirect, and counsel throughout the school day.

## Cognitive Behavioral Programming

Help youth discover how their thoughts and choices result in challenges and explore positive alternatives.

## Psycho-educational Groups

Focus on skill development in the areas of anger management, problem-solving, coping, social interactions, and effective communication.

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***Every child  
deserves  
every opportunity  
to succeed.***

# TDT Services

continued



## Individual & Group Therapy

One-on-one and small group counseling provided by a Licensed Mental Health Professional.

## Crisis Intervention

RBHA employees are trained to address and intervene during crisis incidents that place your child or others at risk.

## Service Coordination

RBHA employees will communicate regularly with your child's teachers and other involved professionals.

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